

Baltimore Area Intergroup (BAIG) presents

Overeaters Anonymous **IDEA DAY**

International Day of Experiencing Abstinence



WORKSHOP

November 24 - 3 to 5 pm EST

SPEAKERS, BREAKOUT ROOMS, JOURNALING, SHARING

*Come join us to learn how members are experiencing long lasting abstinence,
one day at a time.*

The Serenity Center
9650 Basket Ring Road
Columbia, MD 21045

NOTE: The November intergroup meeting will be held at The Serenity Center. in-person, 1-2:20pm.
Please feel free to come to that meeting as well.

CONTACT: Sue B 410-960-4059