

**EATING TOO MUCH? CAN'T STOP?  
STILL GAINING WEIGHT?**

Do you want to stop overeating but can't?  
Don't want to stop but must?

**WE CAN HELP**

**OVEREATERS ANONYMOUS**

No Dues, No Fees, No Weigh-Ins  
Day and Evening Meetings

**For Info:** \_\_\_\_\_, [www.oa.org](http://www.oa.org)

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**BINGEING AND PURGING?  
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**ARE YOU OR A LOVED ONE  
ANOREXIC? STARVING YOURSELF?**

Do you want to stop starving yourself but can't?  
Don't want to eat regularly, but must to live?

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